St. Ann's

THE SCOOP

August 2019

Rehabilitation | Assisted Living | Nursing Care | Memory Care | Hospice

2161 Leonard St NW | Grand Rapids, MI | 616.453.7715

Carmelite Sisters, CDCJ

Have an Undivided Love for God

The Sixth Beatitude:

> "Blessed are the clean of heart, for they will see God."

What we call "pure" is unmixed. For example, we speak of pure maple syrup, which is unmixed with anything else.

To be pure in heart is to have an undivided love for God, a heart unmixed with any other competing love.

Some people love creation more than the Creator; they love things; they worship things, wealth, the pleasures of the earth, the glorification of the self, etc. They may love God, but their love is mixed with a disordered love of self.

Aristotle said: "As a person is, so does he see." What we see and don't see is in large part determined by our character, the kind of person we've made ourselves to be by our moral choices.

We are what we love. The 'heart' is the most important factor is determining what we are able to see. That is why the pure of heart shall see God, who calls us to love Him more than His gifts.

If we eventually get to that point, we shall see Him as He is in Himself.

St. Ann's

Carey Nolan Honored

We are proud to announce our Employee of the Month for July is Carey Nolan.

As many of you know, Carey is a dedicated member of our Certified Nursing Assistant (CNA) team who has served our residents since 2003.

Throughout the years Carey has provided exceptional, person-centered care to our Elizabeth's Place residents and their families. Carey is incredibly well-liked by residents and they are always happy to see her. Carey has been, and continues to be, a pivotal member of our team and our residents' lives.

Carey Nolan is the July Employee of the Month

Carey - thank you for your hard work, and the care you provide to our residents and their families; your commitment means everything to them and to your team!

Cathy Ritsema Retires; Replacement Selected

Cathy Ritsema is moving into a next chapter in her life.

As many of you know, Cathy Reitsma, our incredible Scheduling Coordinator, has retired after 15 years of dedicated service to St. Ann's.

While we are sad she is leaving us, we are thrilled for her and the fun she will have in the next chapter of her life.

We are excited to announce that Matthew Schopp is our new Human Resources and Scheduling Assistant. He will fully assume Cathy's role by the end of July.

See Schopp, on page 7.

ST. ANN'S ADVISORY BOARD

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COMMUNITY

Office Move Updates

Residents and relatives have likely seen ongoing signs of remodeling in and around the former entrance to the Emmanuel Hospice suite, in the hallway leading from the Dining Room toward Joseph's Haven.

The team is nearly done with minor refurbishing on offices for members of the St. Ann's Human Resources, Finance and Community Relations team.

Meantime, several clinical leaders and physicians have completed office / space moves in Nursing spaces.

All these moves will allow other clinical and leadership team to move soon, including staff in both the Nursing and Assisted Living units.

Residents and family members are invited to check out the new spaces, and to ask if you need help locating someone who moves.

Cover Photo

St. Joachim and St. Anne are the patron saints of St. Ann's, and our community celebrated their shared joint feast day in mid July.

ST. ANN'S MISSION

Our mission is to provide a loving and spiritual community for older adults to live lives of caring and wholeness inspired by our Carmelite foundation of fraternity, service and prayer.

August **BIRTHDAYS**

MARGOT D.
August 1

GERALDINE S.
August 5

MABEL S.
August 6

CHARLOTTE B.
August 12

DEB G.
August 15

MARY R.
August 22

TED T.
August 23

VAUGHN R.
August 24

MARY G.
August 27

SOPHY B.
August 28

GERALDINE G.
August 28

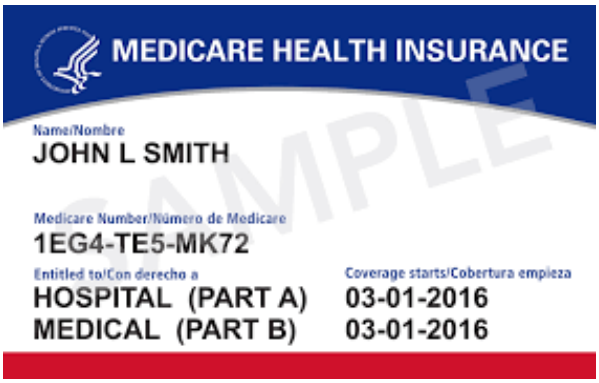
Medicare Card Reminder for Residents

St. Ann's residents, or family members who are the financial representative for a resident, are reminded to be sure that Finance Director Joni Lahmann has a copy of updated Medicare beneficiary cards.

The Medicare program says that if you are eligible, you should get the red, white, and blue Medicare card in the mail 3 months before your 65th birthday or your 25th month of getting disability benefits.

Your card shows you have Medicare health insurance. It shows whether you have Part A (Hospital Insurance), Part B (Medical Insurance) or both, and it shows the date your coverage starts.

Your card has a Medicare Number that's unique to you, instead of your Social Security Number, to help protect your identity.



Your card is paper, which is easier for many providers to use and copy.

Only give your Medicare Number to doctors, pharmacists, other health care providers, your insurers, or people you trust to work with Medicare on your behalf.

And note that because Joni Lahmann will move to a new office in the next couple of weeks, residents and others are asked to refrain from slipping documents under her door. Instead please give all billing and payment documents to the Receptionist.

AUGUST HIGHLIGHTS

Sign-up required for off-campus events

DATE	TIME	EVENT OR DESTINATION
August 7	5:30 p.m.	Musical Concert with Anna Kaye in the Mary's Haven Dining Room
August 12	1 p.m.	Visit by the Mini-Equines
August 14	1:45 p.m.	Scenic drive & ice cream treat (Sign-up required)
August 15	5 p.m.	Antique Car Show (Front Circle)
August 19	2:30 p.m.	Thai Food Sampling
August 19	3:15 p.m.	Phiwan & Friends Taiwanese Dancing Demonstration
August 21	11 a.m.	Lunch Outing (Sign-up required)
August 22	2 p.m.	August Birthday Celebration
August 26	9:45 a.m.	Samaritan's Carriage Outing (Sign-up required)
Please remember all groups and visits are subject to change. Please be sure to thank all our generous visitors each month.		

Try Thai food & see cultural dance

On Aug. 19 you can taste Thia food and see authentic dances. If you wonder what to expect, Thai cooking places an emphasis on lightly prepared dishes with strong aromatic components.

Flag of Thailand

Some chefs say Thai food demonstrates "intricacy; attention to detail; texture; color; taste; and the use of ingredients with medicinal benefits, as well as good flavor."

ST. ANN'S OMBUDSMAN

Adult Well-Being Services
1695 Service Rd. NE Suite 106
Grand Rapids, MI 49503
616-245-9451 or 1-800-782-2918

Public information is located on Joachim's Place North Bulletin Board, across from the bird display, in the common area, and in the Front Lobby.

LIFE ENRICHMENT

SPIRITUAL SUPPORT

Sacrament of Reconciliation

Available at 9 a.m. Tuesday, August 20, in the Chapel.

Mass Times

Monday - Saturday: 10:30 a.m.
Sunday: 9:30 a.m.

The Rosary

4 p.m. Daily

Bible Study

6 p.m. Thursdays

In Memoriam -

Joan Mc'M.
Joe N.
Robert O'B.
Gerry S.
William T.

St. Ann's residents who are unable to attend Sunday Mass may tune into WXMI TV 17 at 10 a.m. for Mass televised from the Cathedral of St. Andrew.

Mass may be watched anytime on the Cathedral website.

Tara Hendee Starts Her Tenure as AL Manager

Tara Hendee, LPN, who has been in the healthcare industry for 10 years including five as a Licensed Practical Nurse, has joined the staff as Assisted Living Manger. Before she became a nurse she had the privilege of taking care of others as a health aide and a caregiver - experiences that fueled her passion to become a nurse.

Tara has served, explored, and learned as a home health aide; staff member in assisted living and independent living environments; and as a clinical and triage nurse, supervisor and manager at different facilities.

Tara is most passionate about people. To increase someone's quality of life, to make an injury feel better, to produce a smile when a patient feels awful - these are the moments that flare her passion for nursing.

When Tara is not at work she enjoys spending time with her daughter at zoos, parks, splash pads, museums, aquariums, and activity centers. Seeing her daughter's face light up when she's learning or discovering something new is Tara's favorite moment.

When she has a few moments to herself, Tara enjoys spending time out with friends and exploring new towns or old antique shops.

Tara's greatest talent is the ability to make people comfortable and sometimes even produce a chuckle or two. If someone is distressed and there is something she can do to make them feel better, she will eagerly lend a hand.

When asked why St. Ann's, Tara said, "Having the ability to help others in need has always been my passion, so being able to be a part of a team that directly influences the lives of others, most of which cannot fully express their wants and needs, is a blessing.

"Being given the opportunity to help provide quality and compassionate care to the residents at St. Ann's is a wonderful gift and I look forward to utilizing my experiences, knowledge, passion for healthcare, and energetic personality to help build and maintain a happy, positive and efficient team environment within the facility. I'm very excited to learn the culture and the residents and to build a home here!"

Schopp, from page 2.

Matthew comes to us with four years of healthcare and administration experience under his belt. The majority of his healthcare career was served at Wedgwood Christian Services where he was most recently the Assistant Program Manager.

Matthew is most passionate about people and says he absolutely loves to serve in all aspects of life and says it is what drives his passion every day.

When Matthew is not at work, he is a huge fan of spending quality time with his friends and family. Some of Matthew's favorite activities include trips to the beach, working out, and movie nights. He also enjoys completing service projects with his church and trying new restaurants.

More Fun Facts about Matthew:

- He has been described as a big teddy bear.
- He is from Alabama, however, the University of Alabama his least favorite team, he cheers for Auburn (the War Eagle!) of which he and his wife are alumni.
- He is super excited to get to know everyone so always feel free to stop by and say "Hi!".

KEY CONTACT LIST

Dana M. Prince
Executive Director, ext. 1101

Sister M. Gabriela
Assistant Director, ext. 1102

Wan VandenBerg
Transition Care Coordinator, ext. 1116

Jena Mis
Director, Clinical Services, ext. 1104

Tara Hendee
Assisted Living Manager, ext. 1103

Angie McIntosh
Director of Dining Services, ext. 1111

Jake Jazwinski
Dir., Environmental Services, ext. 1118

Gregg Sanborn
Director of Life Enrichment, ext. 1196

Sandee Reno
Director of Social Services, ext. 1124

Joni Lahmann
Director of Finance, ext. 1109

Nikki Rollenhagen
Dir., Human Resources, ext. 1108

Kelsey Sager, RN
Infection Prevention Specialist

Tim Bulson
Dir., Community Relations, ext. 1114

Kristi Williams
Dir., Rehabilitation Services, ext. 1121

St. Ann's

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RATINGS

August Birthday Celebration | 8/22 | 2 p.m.

Nursing Unit 'Memory Garden' is Planned

St. Ann's leaders and staff from our Memory Garden design firm continue with detailed plans and the process to obtain necessary city building permits. Plans remain on track to break ground this summer, to first remove paving and concrete in the Garden space.

When permits are approved, contractors will remove the parking surface and prepare the site for new soil, grading, and irrigation. Meantime, the Garden project will be featured in St. Ann's summer magazine, where potential donors will learn about the full scope of the project, including projected costs and opportunities to support Garden construction, including specific giving ideas. For more information about the Garden or giving opportunities, please contact Sister Gabriela or Dana Prince. While the Garden is the current, primary philanthropic focus, the Advisory Board has re-invigorated its Development Committee, which is in the early stages of determining long-range development plans. A rendering is shown below.