



St. Ann's

THE SCOOP

November 2018



Rehabilitation | Assisted Living | Nursing Care | Memory Care | Hospice
2161 Leonard St NW | Grand Rapids, MI | 616.453.7715
Carmelite Sisters, CDCJ

A Special Month for All Family Members

November is the month we honor those who have gone before us.

We all have someone we pray to or invoke when we need a special favor or help. The saints are our intercessors, they have lived on the earth and know our plight.

These we honor on Nov. 1: All Saints Day.

All our loved ones are never forgotten, as we have a special day to send extra prayers their way: Nov. 2, All Souls Day.

The business world is already focused on Christmas, but let us not forget a holiday our forefathers established as our country was discovered.

THANKSGIVING is a family day - and we all are so blessed.



Each morning we arise to a new day- a little resurrection. We have a home, family, friends, food and clothing. The list goes on and on.

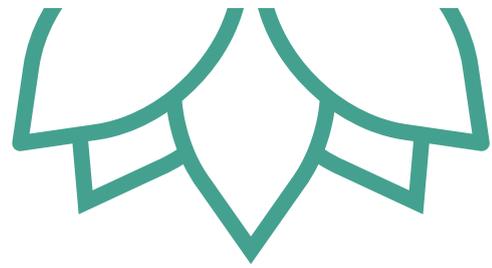
Please see Sister, page 3

This painting, recalling the Saints who have gone before us, was done by Italian artist Fra Angelico, who lived in the early 1400s.





St. Ann's



Sarah Pontremoli

We are excited to announce Sarah Pontremoli is our October employee of the month.

Sarah has been a great asset to St. Ann's since 2003. She has made a difference, exemplified the mission of St. Ann's, and has positively impacted those around her. Her skills, knowledge, willingness to help others, and dedication make her an inspiration to all.

Sarah thanks for going above and beyond; this certificate is well deserved!



**Sarah Pontremoli
is October Employee of the Month**

In-Room Meal Update

The Mary's Haven staff and St. Ann's Leadership is promoting the concept of fraternity and enhancing our community by encouraging Mary's Haven residents to join us in the Dining Room for breakfast, lunch and dinner each day.

To support this concept, Mary's Haven will no longer provide in-room meals after Sunday, Dec. 30, 2018. Studies show psychological changes occur as we age, resulting in loneliness, depression, and a decrease in sociability, especially when we are not given opportunities to participate in community activities.

Our goal is to provide a loving and spiritual

community and to foster an environment you feel proud to call home. We understand you may like to sleep in and have a small meal as you watch the morning news.

In an effort to promote personal comfort, we will begin offering a continental breakfast of coffee, juices, assorted pastries, and jams in the Holy Family Center. You are welcome to enjoy this option, from 8 - 10:30 a.m., beginning Monday, Dec. 31.

We will continue to provide full breakfast in the Dining Room, along with lunch and dinner as traditionally scheduled.

We are sensitive to the fact that illness may occur, and will provide only therapeutic meals in your room following a recommendation from your clinical care team.

ST. ANN'S ADVISORY BOARD

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Tom Wesholski

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Carmelite Sisters, DCJ

Sr. M. Giuseppe

Sr. M. Emmanuel

Sr. M. Annunciata

Change can be difficult. St. Ann's is grateful for your understanding. We welcome any questions you may have as we begin this service adjustment. Residents and responsible parties should keep an eye out for a detailed letter outlining meal options.

Remember these changes will begin Monday, Dec. 31, including the opportunity to enjoy Continental Breakfast.

COMMUNITY

Sister, from page 1

Now for some quotes of our Foundress for the month:

“Thus by giving praise and thanks and making use of all opportunities all is transformed into fountains of grace.

“Love God with an ardent love and God will grant you an increase of grace daily which will enable you to fulfill your duties for His glory.

“All we do is nothing if live-true, warm, refreshing and pure-does not prompt our work. To love God not only in words but in deeds.”

Sister M. Gabriela, CDCJ

Cover Photo

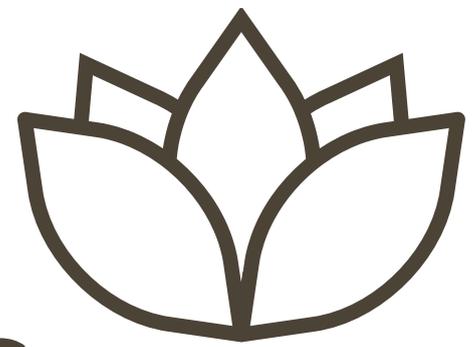
St. Ann's residents, staff, friends and visitors enjoyed our early October, inaugural Community Dog Walk. People and pets shared stories, snacks, and supported local pet rescue agencies.

ST. ANN'S MISSION

Our mission is to provide a loving and spiritual community for older adults to live lives of caring and wholeness inspired by our Carmelite foundation of fraternity, service and prayer.



OUR RESIDENTS



November BIRTHDAYS

GERALDINE M.
November 1

ANNA O.
November 2

YVONNE W.
November 13

LOUIS D.
November 14

MARIE C.
November 16

VELMA E.
November 18

MARY L.
November 22

ROSEMARIE W.
November 23

PHYLLIS M.
November 25

FLORENCE H.
November 29

Social Security Benefits Update

Social Security and Supplemental Security Income (SSI) benefits for more than 67 million Americans will increase 2.8 percent in 2019.

The 2.8 percent cost-of-living adjustment (COLA) will begin with benefits payable to more than 62 million Social Security beneficiaries in January 2019. Increased payments to more than 8 million SSI beneficiaries will begin on December 31, 2018. (Note: some people receive both Social Security and SSI benefits).

Social Security and SSI beneficiaries are normally notified by mail in early December about their new benefit amount. This year, for the first time, most people who receive

Social Security payments will be able to view their COLA notice online through their my Social Security account. You may create or access their my Social Security account online at www.socialsecurity.gov/myaccount.

Information about Medicare changes for 2019, when announced, will be available at www.medicare.gov. For Social Security beneficiaries receiving Medicare, Social Security will not be able to compute their new benefit amount until after the Medicare premium amounts for 2019 are announced.

Final 2019 benefit amounts will be communicated to beneficiaries in December through the mailed COLA notice and my Social Security's Message Center.

NOVEMBER HIGHLIGHTS

Sign-up required for
off-campus events

DATE	TIME	EVENT OR DESTINATION
Nov. 1		All Saints' Day
Nov. 2		All Souls Day
Nov. 4		Daylight Savings Time Ends
Nov. 22		Happy Thanksgiving!
Nov. 26	9:45 a.m.	Samaritan's Carriage Outing (Sign-up required)
Nov. 29	2 p.m.	November Birthday Celebration!

Please remember all groups and visits are subject to change.
Please be sure to thank all our generous visitors each month.

Thank You For Your Service



VETERANS DAY

★★★ HONORING ALL WHO SERVED ★★★

Nov. 11
(Celebrated Nov. 12)

LIFE ENRICHMENT

SPIRITUAL SUPPORT

Sacrament of Reconciliation

Thursday, Nov. 15
9:30 a.m. in the Chapel
With Fr. Tom McKinney.

Mass Times

Monday - Saturday: 10:30 a.m.
Sunday: 9:30 a.m.

The Rosary

4 p.m. Daily

In Memoriam - September:

Lottie K. Irene L.
Helen T. Evelyn W.

St. Ann's residents who are unable to attend Sunday Mass may tune into WXMI TV 17 at 10 a.m. for Mass televised from the Cathedral of St. Andrew. Mass may be watched anytime on the Cathedral website.



LIFE @ ST. ANN'S



Beloved Pets

Dozens of dogs brought their owners to St. Ann's inaugural Community Dog Walk. In addition to a beautiful evening of fellowship and fun, St. Ann's supported several local pet rescue organizations. Organizers are hoping to hold a similar event in the Spring.





KEY CONTACT LIST

Dana M. Prince
Executive Director, ext. 1101

Sister M. Gabriela
Assistant Director, ext. 1102

Wan VandenBerg
Transition Care Coordinator, ext. 1116

Jena Mis
Director, Clinical Services, ext. 1104

Jamie Taylor
Assisted Living Manager, ext. 1103

Angie McIntosh
Director of Dining Services, ext. 1111

Jake Jazwinski
Dir., Environmental Services, ext. 1118

Gregg Sanborn
Director of Life Enrichment, ext. 1196

Sandee Reno
Director of Social Services, ext. 1124

Joni Lahmann
Director of Finance, ext. 1109

Nikki Rollenhagen
Dir., Human Resources, ext. 1108

Amanda Murphy
Infection Control

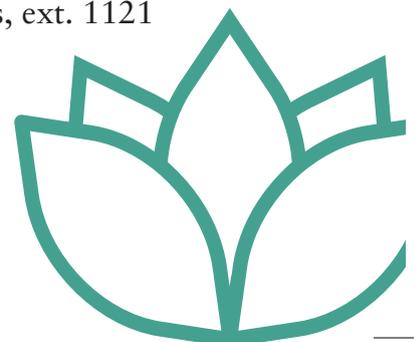
Tim Bulson
Dir., Community Relations, ext. 1114

Kristi Williams
Dir., Rehabilitation Services, ext. 1121

ST. ANN'S OMBUDSMAN

Adult Well-Being Services
1695 Service Rd. NE Suite 106
Grand Rapids, MI 49503
616-245-9451 or 1-800-782-2918

Public information is located on Joachim's Place North Bulletin Board, across from the bird display, in the common area, and in the Front Lobby.





St. Ann's

2161 LEONARD ST. NW
GRAND RAPIDS, MI

616.453.7715
stannshome.com

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November Birthday Celebration | 11/29 | 2 p.m.



Holiday Season Reminders:

As residents and family members make plans for holiday events, St. Ann's asks that you please:

- Let the Receptionist know ahead of time when residents will go out for meals.
- Let the Receptionist know when residents will have visitors join them for holiday meals.
- Keep an eye out for notices in the Lobby and by entry doors, as we enter influenza season.

Thank you for helping our staff effectively plan ahead for meals, and to maintain a healthy and pleasant home for all our residents.

