



Rehabilitation | Assisted Living | Nursing Care | Memory Care | Hospice
2161 Leonard St NW | Grand Rapids, MI | 616.453.7715
Carmelite Sisters, CDCJ

Celebrate Mary and Prepare for God's Artistry

September has many special feasts for the church and our congregation, with three honoring of Our Lady: her birth (Sept. 8) the Holy Name of Mary (Sept. 12) and the Sorrowful Mother (Sept. 15).

The 14th is the Exaltation of the Holy Cross, and then on the 20th we remember the death of our Blessed Foundress.

Quotes from our Foundress: "The more fervently a soul loves the Mother of God, the more zealously it will try to be like her and to make the great virtues that shine so wondrously in her, her own favorite virtues.

"The more I felt its presence (the cross) the more beloved the cross became, for I

always regarded it as the supreme proof of God's love and I might say of His

Please see Sister, page 3



William-Adolphe Bouguereau: The Madonna of the Roses (1903), commemorates the privileges bestowed upon Mary by God and all the graces received through her intercession and mediation.





St. Ann's



Gerrit Kort

We are excited to announce our August employee of the month is Gerrit Kort!

Gerrit has been a part of St. Ann's Environmental Services team since August 2017.

Gerrit - We appreciate the effort and the time you have put into your role in the past year. We have noticed, since the time you have joined the EVS team, you have displayed great enthusiasm to learn and grow professionally.

We are delighted to have you on our Team.

Thank you for all you do!



Gerrit Kort is the August Employee of the Month

Time to Welcome Jessica to St. Ann's!

Residents and family members may recall St. Ann's announced we will welcome a student who will live here and complete a college research project. She begins this month, and sends the following greeting:



Hello St. Ann's,

My name is Jessica Pityer. I am 20 years old. I grew up on the East Side of the state and came to Grand Rapids to go to school at Calvin College for speech pathology.

I absolutely love baking, reading, and camping. For the last three years I have worked at a summer camp, Camp Barakel, in Northern Michigan. I have run the waterfront and counseled.

I am looking forward to my time at St. Ann's and getting to know all of you over the course of the next 19 months!

Jessica

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Mass Intentions

St. Ann's residents and family members who would like to submit an intention for Mass are asked to provide details before the 20th of each month, for the following month.

Submitting Mass intention requests by this date will ensure the Sisters and staff will have time to include your intentions in the next month's bulletin.

Thank you for your consideration, as we continue to provide prayers and support for our residents.

COMMUNITY

Sister, from page 1

trusting love for me.

“O the Holy Father is right, old age is a sickness! Nobody knows how hard it is if one cannot do the things one would like. Help me pray for patience. Holiness does not consist in one act of surrender to God, but in the courageous perseverance in virtue, in the faithful and steadfast doing of the Will of God despite all difficulties even in the face of apparent failure.”

Our Foundress was often absorbed in the reading of the Scriptures, especially the Old Testament, from which she drew the strength to persevere in tribulations.

At the beginning of this month we honor Labor Day; let us be grateful for all that our wonderful staff does for us each day. Soon we will begin to see the artistry of God as the leaves begin to show their colors. One more proof of God's majesty and presence among us. Enjoy the end of Summer and the beginning of Fall.

Sister M. Gabriela, CDCJ

Cover Photo

Residents and family members applaud after a song led by Activities staff member Leonard Kurtz during the August Birthday Celebration.

ST. ANN'S MISSION

Our mission is to provide a loving and spiritual community for older adults to live lives of caring and wholeness inspired by our Carmelite foundation of fraternity, service and prayer.





September BIRTHDAYS

GERTRUDE C.
September 2

PAT S.
September 5

MARGARET W.
September 10

MURIEL K.
September 14

PAUL Z.
September 15

DAVID L.
September 16

JEAN S.
September 17

DON B.
September 19

DOUG R.
September 21

RON M.
September 24

HELEN T.
September 25

HELEN B.
September 27

LORRAINE B.
September 28

PAT K.
September 29

Grandparents Day Events

WHEN:

Sunday, Sept. 9, 1 - 4 p.m.

WHERE:

Holy Family Center

WHY:

To help make Grandparents Day 2018 memorable for all our residents and families

WHAT'S HAPPENING:

- Pie & Ice Cream
- Popcorn
- Candy bags
- West Michigan Pet Therapy owners & pets
- Face Painting
- Games & Activities
- The Memory Lane Players

SEPTEMBER HIGHLIGHTS

Sign-up required for
off-campus events

DATE	TIME	EVENT OR DESTINATION
Sept. 5, 12, 19 & 26	12:45 p.m.	Front Porch Socials
Sept. 8	1 p.m.	Carriage Rides
Sept. 9	1 p.m.	Grandparents Day Celebration
Sept. 14	11 a.m.	Lunch at Russ' Outing (Sign-up required)
Sept. 24	9:45 a.m.	Samaritan's Carriage Outing (Sign-up required)
Sept. 26	1:15 p.m.	Art Prize 2018 Outing (Sign-up required)
Sept. 27	2 p.m.	September Birthday Celebration!
Sept. 26	1:30 - 3 p.m.	Art Room Open

Please remember all groups and visits are subject to change. Please be sure to thank all our generous visitors each month.

LIFE ENRICHMENT

SPIRITUAL SUPPORT

Sacrament of Reconciliation

Thursday August 16
9:30 a.m. in the Chapel
With Fr. Tom McKinney.

Mass Times

Monday - Saturday: 10:30 a.m.
Sunday: 9:30 a.m.

The Rosary

4 p.m. Daily

In Memoriam - August

St. Ann's residents who are unable to attend Sunday Mass may tune into WXMI TV 17 at 10 a.m. for Mass televised from the Cathedral of St. Andrew. Mass is may be watched anytime on the Cathedral website.

Welcome, Jan!



Jan Kruse, above, is St. Ann's newest Activities staff member.

Two to Remember:

St. Ann's community will want to keep an eye out for details of an Oct. 4 "Dog Walk." Staff, resident family members, and other friends will be invited to bring their pet pooches for dog-friendly activities, a dog walk, dog snacks, and more. Questions? Check with Gregg in Activities & watch for a flier.

And as we move into Fall, residents and responsible parties should keep an eye out for the St. Ann's request for flu vaccine administration. Remember that the best way to stay as flu-free as possible through the winter months is to get vaccinated early. Questions? Check with Ashley in Infection Control.





LIFE @ ST. ANN'S



Classic Car Delight

St. Ann's welcomed back a "classic" annual event this summer.

Showpieces from a local classic car club graced the front circle drive one August evening, as a number of residents, relatives and car buffs gathered.

St. Ann's provided pizza, while the car aficionados provided some true gems that sparked conversation and fellowship.



Healthy Aging Month!

Think it's too late to "reinvent" yourself? Think again. According to Carolyn Worthington, editor-in-chief of Healthy Aging® Magazine and executive director of Healthy Aging®, it's never too late to find, a new passion, or hobby."

Worthington is the creator of September is Healthy Aging® Month, an annual health observance designed to focus national attention on the positive aspects of growing older. Among her tips:

- **Be positive** in your conversations and your actions every day. When you catch yourself complaining, check yourself and change the conversation to something positive.
- **How's your smile?** Research shows people who smile more often are happier.
- **Find your inner artist.** Who says taking music lessons is for school children? You may have an artist lurking inside you just waiting to be tapped.

Any resident - or family member - interested in learning how St. Ann's can support your healthy aging lifestyle is invited to chat with an Activities staff member.

ST. ANN'S OMBUDSMAN

Adult Well-Being Services
1695 Service Rd. NE Suite 106
Grand Rapids, MI 49503
616-245-9451 or 1-800-782-2918

Public information is located on Joachim's Place North Bulletin Board, across from the bird display, in the common area, and in the Front Lobby.

LEADERSHIP CONTACT LIST

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St. Ann's

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September Birthday Celebration | 9/27 | 2 p.m.

HAPPY LABOR DAY, ST. ANN'S RESIDENTS



Did you know the sculpture in this photo, by the Gerald R. Ford Presidential Museum, was created to honor the bravery of striking immigrant workers? It educates visitors about the role that labor played in the establishment of our City, and recognizes 19th and early 20th century workers who gave Grand Rapids its identity as the Furniture City, and more widely all working people.

This local monument has become the place in Grand Rapids where people celebrate Labor Day, which was created to recognize the labor movement and remains dedicated to the social and economic achievements of American workers.