



Sister's Corner

Begin Each Day in Gratitude and Be Thankful

N ow
O ur
V oices
E ntreat
M emories
B earing
E verlasting
R emembrance

Our month has many dedica-
tions. First is the remembrance
of all our deceased loved ones.
Come to the Chapel and place
the name/names of your loved
ones in the basket on the table in
front of the Chapel and they will
be prayed for each day at Holy

Mass.

In November we also are mind-
ful of our Veterans and all they
sacrificed for our country.

But most people think of
Thanksgiving when November
is mentioned. Perhaps we should
also remember that, "It is good
to give thanks to the Lord."
Make a list, and check it twice,
to surely know all that you are
thankful for.

Then begin each day in gratitude
for another day.

Enjoy this month of Fall. Be
grateful for all the wonders that
we see each day.

Our senses remind us of these
joys: we see, touch, hear (maybe
not so well) and taste. See Fall
beauty; hear it in the crackling of
leaves; feel their rustle under our
feet; and enjoy the taste of boun-
tiful Fall fruits and veggies.

We should be singing God's
praises this month. Enjoy No-
vember!

Sister M. Gabriela, DCJ

Rex Retires, Leaves Great Legacy

A dedicated leader at St. Ann's is
retiring, as Rex Townsend moves
to another chapter of his life.

Townsend formally retired, with
a staff celebration, on Oct. 27.

Townsend is a Belding native
who began in senior living in
Des Moines in 1998. He joined
St. Ann's more than a doz-
en years ago and progressed
through the ranks, enjoying a
decade of connections.

"We relate very well to the West
Side, due to a common history
and background," he said. "The
West Side is a solid Catholic
community and has strong val-
ues within the faith community
– it has that in common with St.
Ann's."

During his tenure as Director of
Environmental Services here, be-
fore completing licensure courses
and moving into the role of As-
sisted Living Director, he worked
firsthand to develop lasting, local
business connections.

Please see Rex, page 6



Our Residents

Advisory Board

Tom Wesholski
Chair
Terri Hegarty
Vice Chair
Thomas Czerney
Secretary / Treasurer

Sister M. Gabriela, DCJ
Jack Bales
Jim Brady
Mark Davey
Barbara Herr
Steve Karnes
Sheila Knopke
Lee Ann Langlois
Fr. Tom McKinney
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Annmarie Post
Fr. Mark C. Przybysz

Board of Directors
Carmelite Sisters, DCJ

Sr. M. Immaculata
Sr. M. Giuseppe
Sr. M. Emmanuel

St. Ann's Mission

Our mission is to provide a loving and spiritual community for older adults to live lives of caring and wholeness inspired by our Carmelite foundation of fraternity, service and prayer.



October Birthdays

Mildred S.
Earlene B.
Wanda R.
Oct. 2

Kathleen S.
Gert Z.
Oct. 7

Edwina M.
Oct. 9

Clementine R.
Rosalie S.
Oct. 11

Connie S.
Oct. 12

Viola C.
Oct. 14

Alice F.
Oct. 16

Carolyn E.
Mary E.
Oct. 18

Elaine A.
Oct. 23

William S.
Helen N.
Oct. 25

Mary S.
Oct. 27

Frank B.
Oct. 28

Elinore B.
Lois M.
Oct. 29

Elaine W.
Evelyn W.
Oct. 31

We are re-publicizing Oct. birthdays as several were accidentally omitted. We apologize for the errors.



Our Residents

Info Boards to be Placed in Rooms

Residents in Joachim's Place will see white boards like this one mounted in their rooms by early November.

The boards will hold key information about each skilled nursing resident.

Staff will keep information current. The boards are part of a trial project by an Occupational Therapy student working on research through Western Michigan University.

(DAY) (DATE)	
Today is	
Nurse:	Caregiver:
SCHEDULE	Transfer/Weight Bearing <small>(adaptive equipment)</small>
PT:	
OT:	
ST:	Dietary Restrictions <small>(adaptive equipment)</small>
Restorative:	
Appointments:	
Pain Notes	Other

Leadership Contact List

Dana M. Prince
Executive Director ext. 1101

Sister M. Gabriela, DCJ
Assistant Director ext. 1102

Wan Vandenberg
Transition Care Coordinator ext. 1116

Mischelle Peel
Director of Clinical Services ext. 1104

Jamie Taylor
Interim Assisted Living Manager
ext. 1103

Angela McIntosh
Director of Dining Services ext. 1111

Jake Jazwinski
Dir., Environmental Services ext. 1118

Gregg Sanborn
Director of Life Enrichment ext. 1196

Sandee Reno
Director of Social Services ext. 1124

Joni Lahmann
Director of Finance ext. 1109

Nikki Rollenhagen
Dir., Human Resources ext. 1108

Tim Bulson
Dir., Community Relations ext. 1114

November Birthdays

Anna O.
Nov. 2

Rosemarie W.
Nov. 23

JoAnn Q.
Nov. 9

Jean W.
Nov. 15

Joan H.
Nov. 24

Camille H.
Nov. 11

Mary L.
Nov. 22

Dorothy B.
Florence H.
Nov. 29

Louis D.
Nov. 14

St. Ann's Ombudsman
Adult Well-Being Services
1695 Service Rd. NE
Suite 106
Grand Rapids, MI 49503
616-245-9451

or
1-800-782-2918
Public information is located on
Joachim's Place North Bulletin
Board, across from the bird
display, in the common area,
and in the Front Lobby.



More Than 200 Attended Annual Staff Skills Fair



St Ann's takes continued pride in the staff dedication to high-quality care. That commitment is reinforced annually, when staff demonstrate competency at the annual skills fair.



Our Community



Seasonal
Colors



Done
St.
Ann's
Style

West Catholic Scouts Celebrate Mass

The look and feel of our Chapel was slightly different on an October afternoon, as dozens of young men from West Catholic High School visited. The youths completed an education and service day here, part of an annual scouting tradition at the nearby school.



Life Enrichment

Nov. Highlights | Sign-up required for off-campus events.

Date	Time	Event Name or Destination
Nov. 4	9:30 a.m.	St. Andrews' Visit
Nov. 11	1:15 p.m.	Veterans' Tribute
Nov. 13	1:30 p.m.	Bingo Store Open
Nov. 17	2 p.m.	Garage Sale
Nov. 14	1 p.m.	Henry Mancini - "Stories of Growing Up Together" HFC
Nov. 23		Happy Thanksgiving!
Nov. 23	10:30 a.m.	Let's Give Thanks Social Hour
Nov. 27	9:45 a.m.	Samaritan's Carriage Outing (Sign-up required)
Nov. 30	2 p.m.	November Birthday Celebration
Nov. 8, 15, 22 & 29	2 - 4 p.m.	Art Room Open

- Please remember all groups and visits are subject to change.
- Please be sure to thank all our generous visitors each month.

Spiritual Support

Sacrament of Reconciliation
 Will be 9:30 a.m. Nov. 16
 In the Chapel
 With Fr. Tom McKinney.

Mass Times
 Monday - Saturday: 10:30 a.m.
 Sunday: 9:30 a.m.

The Rosary
 4 p.m. Daily
 In the Chapel.

St. Ann's residents who are unable to attend Sunday Mass may tune into WXMI TV 17 at 10 a.m. each week for Mass televised from the Cathedral of St. Andrew. Mass is recorded and may be watched anytime on the Cathedral website.

Rex, from page 1

Sister Gabriela and Dana Prince thank Townsend for his dedication and committed service.

In addition to Townsend's retirement, Prince said other Leadership Team changes also occurred over the past month:

- Jamie Taylor is Interim Assisted Living Manager
- Ashley Beaupied is Interim Infection Control Manager
- Angie McIntosh is new Dining Services Director.

Please welcome these staff into their new roles.

Looking Ahead to Two Seasonal Happenings

St. Ann's will sponsor and host a Christmas Bazaar and Craft Sale.

The event will be held in the Holy Family Center all day on Friday, Dec. 1.

A number of area craft specialists, including St. Ann's, will host sale tables.

Watch for full details in flyers to be distributed in November.

St. Ann's will again participate with an entry in the annual Art Van Santa Parade.

The parade is set for 9 a.m., Saturday, Nov. 18 in downtown.

The parade will be televised live on WOOD TV8.

Watch for full details and ways to participate to be posted soon.

Our Community

Pulaski Days Brings Food & Fellowship



St. Ann's Holy Family Center was filled, as is typical, for the 2017 version of our Pulaski Day Celebration.

Residents enjoyed music, fresh Pierogi, and even a moment of tender and heartfelt fellowship.



St. Ann's Home
2161 Leonard St. NW
Grand Rapids, MI 49504
616-453-7715

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PAID

WAM

November Birthday Celebration | 11/30 | 2 p.m.

National Expert to Visit GR

Dementia 360°
seeing it from
all directions

*Join Us for a Free Seminar by
Dementia Expert Teepa Snow*

Positive
Approach[®]
to Care

Join world-renowned dementia
expert and educator Teepa Snow
for a comprehensive analysis
and care perspective

COVENANT FINE ARTS CENTER
AT CALVIN COLLEGE
November 8, 2017, from 7PM - 9PM