St. Ann's

THE SCOOP

January 2020

Rehabilitation | Assisted Living | Nursing Care | Memory Care | Hospice
2161 Leonard St NW | Grand Rapids, MI | 616.453.7715
Carmelite Sisters, CDCJ

What is Your Vision for the New Year?

J joyfully
A another
N new Year
U upon us
A allowing our
R resolutions results to
Y yield

How blessed we are.

So much to be thankful for as another New Year dawns: 2020 is here.

Is our "vision 2020" to see all the wonders around us? Our families, our homes, all God's wondrous creation - even the pure beauty of the snow?

The joyful sights of the decorations, joy in the festivities. . .all this needs 20-20 vision to carry us through the ups and downs of daily life. We need the bumps along the way to keep us focused. Beautiful roses all have thorns.

Let the New Year begin with gratitude and prayer - be grateful for all the blessings of 2019 and a prayer to mend the flaws (bumps) and ask God's blessing on all our 2020 endeavors and resolutions.

BLESSED NEW YEAR TO ALL.

Sister M. Gabriela, CDCJ

St. Ann's

2019 Ends With Two Staff Honored

Carey Nolan is Staff Member of the Year

Our warmest congratulations to Carey Nolan, named St. Ann's Employee of the Year.

Carey has been with St. Ann's as a C.N.A since 2003, and has proven to be an exceptional team player since the very beginning. Carey constantly strives to provide top quality care to all of our residents.

Thank you for everything you have done this past year and in years past. We are so grateful for your kind heart and generous spirit.

CNA Carey Nolan is the 2019 staff member of the year

Ashley Fenn Named Staff Member of the Month in Dec.

Ashley, thank you for your hard work, which has not gone unnoticed. We appreciate the time and effort you have put into your C.N.A position at St. Ann's.

Since you joined our team in July, you have displayed great enthusiasm to learn and care for our residents.

We are excited for all the great work you will continue to do here at St. Ann's. Thanks for being a pivotal part of the St. Ann's Team!

Ashley Fenn, CNA, is staff member of the month for December

ST. ANN'S ADVISORY BOARD

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Carmelite Sisters, CDCJ
Sr. M. Giuseppe
Sr. M. Emmanuel
Sr. M. Annunciata

Retiring Board Members Recognized

At a December Christmas gathering, members of the St. Ann's Advisory and Emeritus boards honored retiring Board Members Jack Bales, Shelia Knopke, and Fr. Mark Przybysz, who move to Emeritus status and received these commemorative gifts.

COMMUNITY

Pedaling to Better Health

This Assisted Living resident was the first to be scheduled to use a new Restorative Therapy gym, which was a Christmas gift from the Carmelite Sisters to St. Ann's. This form of therapy is prescribed for Assisted Living residents to help them maintain activity levels and to prevent falls and other injuries.

Cover Photo

Pre-Christmas music performance by Kenowa Hills High School students, one or a score of area schools and groups that visited in December - we thank them all for their joy and warmth.

ST. ANN'S MISSION

Our mission is to provide a loving and spiritual community for older adults to live lives of caring and wholeness inspired by our Carmelite foundation of fraternity, service and prayer.

January **BIRTHDAYS**

RITA M.
January 2

ALICE R.
January 8

JOSEPHINE M.
January 15

JANE V.
January 18

Christmas Season Visitors at St. Ann's

West Catholic High School Women's Leadership Group (R) delivered more than 100 gifts to residents. The Male Schubert Club (below right) sang during a Sunday concert. Two lads from Sacred Heart Academy were among a large group of students who sang and chatted with residents.

JANUARY HIGHLIGHTS

Sign-up required for off-campus events

DATE	TIME	EVENT OR DESTINATION
Jan. 1		Happy New Year!
Jan. 1	7 p.m.	G.R. Symphonette Concert
Jan. 1	9 a.m. - 4 p.m.	Holiday Bazaar (HFC)
Jan. 20		Martin Luther King Day
Jan. 23	1 p.m.	January Birthday Celebration

Please remember all groups and visits are subject to change. Please be sure to thank all our generous visitors each month.

Sister Carmelita's Christmas Story

Sister Carmelita, the newest Carmelite Sister at St. Ann's, recently related one of her favorite childhood Christmas stories. Sister Carmelita, originally from the Philippines, has joined the convent here and is filling several roles at St. Ann's.

SPIRITUAL SUPPORT

Sacrament of Reconciliation

Available at 9 a.m. Tuesday, January 21, in the Chapel.

Mass Times

Monday - Saturday: 10:30 a.m.
Sunday: 9:30 a.m.

The Rosary

4 p.m. Daily

Bible Study

6 p.m. Thursdays

In Memoriam -

Elinore B.
Rosemary R.
Virginia V.

St. Ann's residents who are unable to attend Sunday Mass may tune into WXMI TV 17 at 10 a.m. for Mass televised from the Cathedral of St. Andrew.

Mass may be watched anytime on the Cathedral website.

ST. ANN'S OMBUDSMAN

Adult Well-Being Services
1695 Service Rd. NE Suite 106
Grand Rapids, MI 49503
616-245-9451 or 1-800-782-2918

Public information is located on Joachim's Place North Bulletin Board, in the common area across from the bird display, and in the Front Lobby.

St. Ann's

St. Ann's Resident Christmas Party

More Holiday Music

Residents enjoyed Christmas music performed by Seventh Day Adventist students (top), members of St. Anthony of Padua parish (center), and the Grand Rapids Symphonette (below).

KEY CONTACT LIST

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Jake Jazwinski
Dir., Environmental Services, ext. 1118

Gregg Sanborn
Director of Life Enrichment, ext. 1196

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Joni Lahmann
Director of Finance, ext. 1109

Nikki Rollenhagen
Dir., Human Resources, ext. 1108

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Infection Prevention Specialist

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Dir., Community Relations, ext. 1114

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St. Ann's

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stannshome.com

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January Birthday Celebration | 1/23 | 2 p.m.